

PAPER STRAW JAVELIN THROW

PROCEDURE:

In this event, you will attempt to throw the straw the greatest distance.

You may not alter the straw in any way!

Each person will get three throws. Record your results on your scratch paper.

Record the result of your best throw on your competition recording sheet.

Measurements should be made by another person with the meter sticks.

PAPER PLATE DISCUSS

PROCEDURE:

In this event, you will attempt to throw the plate the greatest distance.

You may not alter the plate in any way!

Each person will get three throws. Record your results on your scratch paper.

Record the result of your best throw on your competition recording sheet.

Measurements should be made by another person with the meter sticks.

COTTON BALL SHOT PUT

PROCEDURE:

In this event, you will attempt to throw the cotton ball the greatest distance.

You may not alter the cotton ball in any way!

Each person will get three throws. Record your results on your scratch paper.

Record the result of your best throw on your competition recording sheet.

Measurements should be made by another person with the meter sticks.

RIGHT HANDED MARBLE GRAB

PROCEDURE:

In this event, you will attempt to grab the greatest amount of marbles.

Each person will get two attempts. Record your results on your scratch paper.

Record the result of your best attempt on your competition recording sheet.

Measurements should be made by another person with the scales.

LEFT HANDED SPONGE SQUEEZE

PROCEDURE:

In this event, you will attempt to squeeze the largest amount of water.
Each person will get two attempts. Record your results on your scratch paper.
Record the result of your best squeeze on your competition recording sheet.

Measurements should be made by another person with the measuring cups.

BIG FOOT WAS HERE

PROCEDURE:

In this event, you will determine the area of your foot in metric units.
Each square on the grid paper represents 1 square centimeter.
Each person will use one piece of grid paper.
Record the result of your attempt on your competition recording sheet.

Measurements should be checked by another person.